Forgiven Nation Plans/Packages

$30 Consultation

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| **Individual Session****$75****Plan Target Client Needs!!****Self- Awareness, manage stress, building confidence, clarity or identifying goals. Career changes and challenges.****60-minute sessions** | **Family Session****$200****Targets the family needs!!****Communication, loss, Boundaries, self-esteem, stress and anxiety, goals,****60 Minute sessions** |
| **Couple Session****$200****Improve relationships, marriage challenges.****Better Communication, build confidence****60 Minute Session** | **5 coaching Session****$250****Designed to help client find clarity and build confidence.****Identifying core values and beliefs. Seeking more joy.****Looking to have focus and clear state of mind.****30 minutes sessions each** |
| **De-Stress Session****$100****Designed to help clients focus and manage stress only.** | **Spiritual Journey session****$100****Designed to help clients gain understanding of their powerful inner being and awaken spiritually.** |
| **Customize Your Plan!!!** | **Customize Your Plan!!!** |

Specialty Packages for Long Term Clients:

Bronze, Silver and Gold Packages are designed for clients who wish to receive services on long term basis ranging from 3, 6 or 12 months.

These sessions are billed per month the plan cost and include the following extra benefits:

1. 60-minute session per call
2. Ongoing text/email support
3. Emergency response calls included
4. Weekly Homework or task/ progress reports
5. Milestone Celebration🎉

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| **Bronze Session****$300****Includes three 60-minute session per month. (3 Hours)****Focus on defining a specific problem.****Develop self-awareness****Gain insight to make a change****And more along with the added benefits.** | **Silver Session****$600****Includes six 60 minutes sessions per month. (6 Hours)****Plan is designed and customized based on the clients need.** **Build Confidence, find clarity, discreate negative thoughts and behavior’s, stress, old patterns made new.**  |
| **Gold Session****$1200****Includes twelve 60-minute session and two 30-minute sessions per month. (13 Hours)****Individualized growth plan for transformation.** **Understand your core Identity.** | **Logo, company name  Description automatically generated** |