Forgiven Nation Plans/Packages

$30 Consultation

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| **Individual Session**  **$75**  **Plan Target Client Needs!!**  **Self- Awareness, manage stress, building confidence, clarity or identifying goals. Career changes and challenges.**  **60-minute sessions** | **Family Session**  **$200**  **Targets the family needs!!**  **Communication, loss, Boundaries, self-esteem, stress and anxiety, goals,**  **60 Minute sessions** |
| **Couple Session**  **$200**  **Improve relationships, marriage challenges.**  **Better Communication, build confidence**  **60 Minute Session** | **5 coaching Session**  **$250**  **Designed to help client find clarity and build confidence.**  **Identifying core values and beliefs. Seeking more joy.**  **Looking to have focus and clear state of mind.**  **30 minutes sessions each** |
| **De-Stress Session**  **$100**  **Designed to help clients focus and manage stress only.** | **Spiritual Journey session**  **$100**  **Designed to help clients gain understanding of their powerful inner being and awaken spiritually.** |
| **Customize Your Plan!!!** | **Customize Your Plan!!!** |

Specialty Packages for Long Term Clients:

Bronze, Silver and Gold Packages are designed for clients who wish to receive services on long term basis ranging from 3, 6 or 12 months.

These sessions are billed per month the plan cost and include the following extra benefits:

1. 60-minute session per call
2. Ongoing text/email support
3. Emergency response calls included
4. Weekly Homework or task/ progress reports
5. Milestone Celebration🎉

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| **Bronze Session**  **$300**  **Includes three 60-minute session per month. (3 Hours)**  **Focus on defining a specific problem.**  **Develop self-awareness**  **Gain insight to make a change**  **And more along with the added benefits.** | **Silver Session**  **$600**  **Includes six 60 minutes sessions per month. (6 Hours)**  **Plan is designed and customized based on the clients need.**  **Build Confidence, find clarity, discreate negative thoughts and behavior’s, stress, old patterns made new.** |
| **Gold Session**  **$1200**  **Includes twelve 60-minute session and two 30-minute sessions per month. (13 Hours)**  **Individualized growth plan for transformation.**  **Understand your core Identity.** | **Logo, company name  Description automatically generated** |